

Día	1ª hora de bajar	2ª hora de bajar	Franja horaria recomendada
J-01-ago-24	08:54 H	21:34 H	08:54 – 15:18
			21:34 – 03:50 ⁺¹
V-02-ago-24	09:46 H	22:26 H	09:46 – 16:11
			22:26 – 04:40 ⁺¹
S-03-ago-24	10:32 H	23:07 H	10:32 – 16:54
			23:07 – 05:17 ⁺¹
D-04-ago-24	11:10 H	23:44 H	11:10 – 17:31
			23:44 – 05:53 ⁺¹
L-05-ago-24	11:47 H		11:47 – 18:07
M-06-ago-24	00:19 H	12:20 H	00:19 – 06:26 ⁺¹
			12:20 – 18:38
X-07-ago-24	00:51 H	12:52 H	00:51 – 06:58 ⁺¹
			12:52 – 19:10
J-08-ago-24	01:23 H	13:24 H	01:23 – 07:26
			13:24 – 19:40
V-09-ago-24	01:54 H	13:59 H	01:54 – 07:58
			13:59 – 20:10
S-10-ago-24	02:24 H	14:33 H	02:24 – 08:31
			14:33 – 20:45
D-11-ago-24	03:01 H	15:10 H	03:01 – 09:10
			15:10 – 21:26
L-12-ago-24	03:39 H	16:00 H	03:39 – 09:55
			16:00 – 22:14
M-13-ago-24	04:32 H	17:03 H	04:32 – 10:56
			17:03 – 23:23
X-14-ago-24	05:43 H	18:28 H	05:43 – 12:14
			18:28 – 00:52 ⁺¹
J-15-ago-24	07:08 H	19:53 H	07:08 – 13:35
			19:53 – 02:13 ⁺¹
V-16-ago-24	08:22 H	21:00 H	08:22 – 14:40
			21:00 – 03:16 ⁺¹
S-17-ago-24	09:18 H	21:50 H	09:18 – 15:34
			21:50 – 04:06 ⁺¹
D-18-ago-24	10:04 H	22:33 H	10:04 – 16:20
			22:33 – 04:47 ⁺¹

L-19-ago-24	10:47 H	23:16 H	10:47 – 17:05
			23:16 – 05:30 ⁺¹
M-20-ago-24	11:28 H	23:58 H	11:28 – 17:46
			23:58 – 06:09 ⁺¹
X-21-ago-24	12:12 H		12:12 – 18:27
J-22-ago-24	00:39 H	12:53 H	00:39 – 06:50
			12:53 – 19:11
V-23-ago-24	01:22 H	13:38 H	01:22 – 07:33
			13:38 – 19:54
S-24-ago-24	02:05 H	14:24 H	02:05 – 08:17
			14:24 – 20:44
D-25-ago-24	02:51 H	15:13 H	02:51 – 09:06
			15:13 – 21:36
L-26-ago-24	03:41 H	16:14 H	03:41 – 10:03
			16:14 – 22:41
M-27-ago-24	04:44 H	17:32 H	04:44 – 11:15
			17:32 – 00:03 ⁺¹
X-28-ago-24	06:08 H	19:13 H	06:08 – 12:46
			19:13 – 01:39 ⁺¹
J-29-ago-24	07:42 H	20:35 H	07:42 – 14:11
			20:35 – 02:55 ⁺¹
V-30-ago-24	08:49 H	21:34 H	08:49 – 15:14
			21:34 – 03:45 ⁺¹
S-31-ago-24	09:39 H	22:15 H	09:39 – 15:59
			22:15 – 04:26 ⁺¹