

<b>Día</b>	<b>1ª hora de bajar</b>	<b>2ª hora de bajar</b>	<b>Franja horaria recomendada</b>
<b>L-01-ene-24</b>	01:06 <sub>H</sub>	13:44 <sub>H</sub>	<b>01:06 – 07:24</b>
			<b>13:44 – 19:49</b>
<b>M-02-ene-24</b>	01:43 <sub>H</sub>	14:25 <sub>H</sub>	<b>01:43 – 08:03</b>
			<b>14:25 – 20:32</b>
<b>X-03-ene-24</b>	02:28 <sub>H</sub>	15:13 <sub>H</sub>	<b>02:28 – 08:48</b>
			<b>15:13 – 21:24</b>
<b>J-04-ene-24</b>	03:23 <sub>H</sub>	16:07 <sub>H</sub>	<b>03:23 – 09:40</b>
			<b>16:07 – 22:25</b>
<b>V-05-ene-24</b>	04:26 <sub>H</sub>	17:10 <sub>H</sub>	<b>04:26 – 10:43</b>
			<b>17:10 – 23:32</b>
<b>S-06-ene-24</b>	05:35 <sub>H</sub>	18:15 <sub>H</sub>	<b>05:35 – 11:53</b>
			<b>18:15 – 00:38 <sup>*1</sup></b>
<b>D-07-ene-24</b>	06:40 <sub>H</sub>	19:16 <sub>H</sub>	<b>06:40 – 13:00</b>
			<b>19:16 – 01:34 <sup>*1</sup></b>
<b>L-08-ene-24</b>	07:41 <sub>H</sub>	20:06 <sub>H</sub>	<b>07:41 – 13:57</b>
			<b>20:06 – 02:24 <sup>*1</sup></b>
<b>M-09-ene-24</b>	08:33 <sub>H</sub>	20:54 <sub>H</sub>	<b>08:33 – 14:49</b>
			<b>20:54 – 03:11 <sup>*1</sup></b>
<b>X-10-ene-24</b>	09:23 <sub>H</sub>	21:37 <sub>H</sub>	<b>09:23 – 15:34</b>
			<b>21:37 – 03:57 <sup>*1</sup></b>
<b>J-10-ene-24</b>	10:08 <sub>H</sub>	22:22 <sub>H</sub>	<b>10:08 – 16:24</b>
			<b>22:22 – 04:38 <sup>*1</sup></b>

<b>V-12-ene-24</b>	10:54 <sub>H</sub>	23:08 <sub>H</sub>	<b>10:54 – 17:05</b>
			<b>23:08 – 05:24<sup>+1</sup></b>
<b>S-13-ene-24</b>	11:39 <sub>H</sub>	23:51 <sub>H</sub>	<b>11:39 – 17:53</b>
			<b>23:51 – 06:11<sup>+1</sup></b>
<b>D-14-ene-24</b>	12:25 <sub>H</sub>		<b>12:25 – 18:41</b>
<b>L-15-ene-24</b>	00:39 <sub>H</sub>	13:12 <sub>H</sub>	<b>00:39 – 6:59</b>
			<b>13:12 – 19:26</b>
<b>M-16-ene-24</b>	01:26 <sub>H</sub>	14:02 <sub>H</sub>	<b>01:26 – 07:49</b>
			<b>14:02 – 20:18</b>
<b>X-17-ene-24</b>	02:18 <sub>H</sub>	14:54 <sub>H</sub>	<b>02:18 – 08:43</b>
			<b>14:54 – 21:14</b>
<b>J-18-ene-24</b>	03:17 <sub>H</sub>	15:55 <sub>H</sub>	<b>03:17 – 09:42</b>
			<b>15:55 – 22:17</b>
<b>V-19-ene-24</b>	04:22 <sub>H</sub>	17:02 <sub>H</sub>	<b>04:22 – 10:49</b>
			<b>17:02 – 23:29</b>
<b>S-20-ene-24</b>	05:36 <sub>H</sub>	18:16 <sub>H</sub>	<b>05:36 – 12:05</b>
			<b>18:16 – 00:45<sup>+1</sup></b>
<b>D-21-ene-24</b>	06:57 <sub>H</sub>	19:24 <sub>H</sub>	<b>06:57 – 13:21</b>
			<b>19:24 – 01:52<sup>+1</sup></b>
<b>L-22-ene-24</b>	08:04 <sub>H</sub>	20:22 <sub>H</sub>	<b>08:04 – 14:24</b>
			<b>20:22 – 02:47<sup>+1</sup></b>
<b>M-23-ene-24</b>	09:00 <sub>H</sub>	21:12 <sub>H</sub>	<b>09:00 – 15:16</b>
			<b>21:12 – 03:32<sup>+1</sup></b>
<b>X-24-ene-24</b>	09:46 <sub>H</sub>	21:53 <sub>H</sub>	<b>09:46 – 15:57</b>

			<b>21:53 – 04:13</b> <sup>*1</sup>
<b>J-25-ene-24</b>	10:25 <sub>H</sub>	22:28 <sub>H</sub>	<b>10:25 – 16:36</b>
			<b>22:28 – 04:46</b> <sup>*1</sup>
<b>V-26-ene-24</b>	10:59 <sub>H</sub>	23:02 <sub>H</sub>	<b>10:59 – 17:08</b>
			<b>23:02 – 05:18</b> <sup>*1</sup>
<b>S-27-ene-24</b>	11:34 <sub>H</sub>	23:35 <sub>H</sub>	<b>11:34 – 17:39</b>
			<b>23:35 – 05:50</b> <sup>*1</sup>
<b>D-28-ene-24</b>	12:06 <sub>H</sub>		<b>12:06 – 18:09</b>
<b>L-29-ene-24</b>	00:07 <sub>H</sub>	12:34 <sub>H</sub>	<b>00:07 – 06:21</b>
			<b>12:34 – 18:39</b>
<b>M-30-ene-24</b>	00:35 <sub>H</sub>	13:07 <sub>H</sub>	<b>00:35 – 06:51</b>
			<b>13:07 – 19:11</b>
<b>X-31-ene-24</b>	01:10 <sub>H</sub>	13:39 <sub>H</sub>	<b>01:10 – 07:23</b>
			<b>13:39 – 19:46</b>