

Día	1ª hora de bajar	2ª hora de bajar	Franja horaria recomendada
V-01-mar-24	01:11 H	13:32 H	01:11 – 07:20
			13:32 – 19:43
S-02-mar-24	01:48 H	14:08 H	01:48 – 07:57
			14:08 – 20:28
D-03-mar-24	02:35 H	14:58 H	02:35 – 08:47
			14:58 – 21:27
L-04-mar-24	03:38 H	16:19 H	03:38 – 10:03
			14:19 – 22:56
M-05-mar-24	05:16 H	18:03 H	05:16 – 11:49
			18:03 – 0:32 <sup>+1</sup>
X-06-mar-24	06:54 H	19:23 H	06:54 – 13:19
			19:23 – 01:41 <sup>+1</sup>
J-07-mar-24	08:01 H	20:20 H	08:01 – 14:22
			20:20 – 02:36 <sup>+1</sup>
V-08-mar-24	08:51 H	21:10 H	08:51 – 15:09
			21:10 – 03:23 <sup>+1</sup>
S-09-mar-24	09:37 H	21:51 H	09:37 – 15:53
			21:51 – 04:07 <sup>+1</sup>
D-10-mar-24	10:20 H	22:32 H	10:20 – 16:34
			22:32 – 04:52 <sup>+1</sup>
L-11-mar-24	11:01 H	23:15 H	11:01 – 17:15
			23:15 – 05:33 <sup>+1</sup>
M-12-mar-24	11:42 H	23:56 H	11:42 – 17:54
			23:56 – 06:14 <sup>+1</sup>
X-13-mar-24	12:21 H		12:21 – 18:35
J-14-mar-24	00:40 H	13:05 H	00:40 – 13:05
			19:16 – 01:25 <sup>+1</sup>
V-15-mar-24	01:25 H	22:13 H	01:25 – 07:43
			22:13 – 04:29 <sup>+1</sup>
S-16-mar-24	02:15 H	14:38 H	02:15 – 08:35
			14:38 – 20:58
D-17-mar-24	03:20 H	15:43 H	03:20 – 09:45
			15:43 – 22:20
L-18-mar-24	04:51 H	17:23 H	04:51 – 11:25

			<b>17:23 – 00:03</b> <sup>+1</sup>
<b>M-19-mar-24</b>	06:38 <sub>H</sub>	18:56 <sub>H</sub>	<b>06:38 – 13:03</b>
			<b>18:56 – 01:25</b> <sup>+1</sup>
<b>X-20-mar-24</b>	07:50 <sub>H</sub>	19:57 <sub>H</sub>	<b>07:50 – 14:06</b>
			<b>19:57 – 02:20</b> <sup>+1</sup>
<b>J-21-mar-24</b>	08:35 <sub>H</sub>	20:41 <sub>H</sub>	<b>08:35 – 14:47</b>
			<b>20:41 – 02:58</b> <sup>+1</sup>
<b>V-22-mar-24</b>	09:12 <sub>H</sub>	21:13 <sub>H</sub>	<b>09:12 – 15:19</b>
			<b>21:13 – 03:33</b> <sup>+1</sup>
<b>S-23-mar-24</b>	09:40 <sub>H</sub>	21:45 <sub>H</sub>	<b>09:40 – 15:47</b>
			<b>21:45 – 04:01</b> <sup>+1</sup>
<b>D-24-mar-24</b>	10:08 <sub>H</sub>	22:13 <sub>H</sub>	<b>10:08 – 16:15</b>
			<b>22:13 – 04:29</b> <sup>+1</sup>
<b>L-25-mar-24</b>	10:36 <sub>H</sub>	22:41 <sub>H</sub>	<b>10:36 – 16:43</b>
			<b>22:41 – 04:55</b> <sup>+1</sup>
<b>M-26-mar-24</b>	11:04 <sub>H</sub>	23:09 <sub>H</sub>	<b>11:04 – 17:11</b>
			<b>23:09 – 05:23</b> <sup>+1</sup>
<b>X-27-mar-24</b>	11:32 <sub>H</sub>	23:42 <sub>H</sub>	<b>11:32 – 17:37</b>
			<b>23:42 – 05:51</b> <sup>+1</sup>
<b>J-28-mar-24</b>	11:58 <sub>H</sub>		<b>11:58 – 18:07</b>
<b>V-29-mar-24</b>	00:10 <sub>H</sub>	12:28 <sub>H</sub>	<b>00:10 – 06:21</b>
			<b>12:28 – 18:37</b>
<b>S-30-mar-24</b>	00:44 <sub>H</sub>	13:00 <sub>H</sub>	<b>00:44 – 06:53</b>
			<b>13:00 – 19:14</b>
<b>D-31-mar-24</b>	01:23 <sub>H</sub>	14:39 <sub>H</sub>	<b>01:23 – 08:32</b>
			<b>14:39 – 20:57</b>